

Kenosha Unified School District
Physical Education Curriculum
Elementary School: Grades K – 2

Big Ideas:	Guiding Questions:
<ul style="list-style-type: none">x Thinking and planning allows for performance in a shorter time period with less effort.x Working together as a team, greater success can happen as opposed to working as individuals.x People who are fit engage in physical activity on a regular basis.x Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people.x Leadership is best shown through actions that encourage everyone to perform better.x Positive decision making about fitness contributes to a healthy lifestyle.	<ul style="list-style-type: none">x What are motor skills?x How can I improve my motor skills?x What physical activities are fun?x Why do I want to be physically active?x Why are there rules in physical