

Kenosha Unified School District  
Physical Education Curriculum  
Elementary School: Grades 3 – 5

Big Ideas:	Guiding Questions:
<ul style="list-style-type: none"> <li>x Thinking and planning allows for performance in a shorter time period with less effort.</li> <li>x Working together as a team, greater success can happen as opposed to working as individuals.</li> <li>x People who are fit engage in physical activity on a regular basis.</li> <li>x Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people.</li> <li>x Leadership is best shown through actions that encourage everyone to perform better.</li> <li>x Positive decision making about fitness contributes to a healthy lifestyle.</li> </ul>	<ul style="list-style-type: none"> <li>x What types of movement skills can I combine?</li> <li>x What motor skills can I apply to new skills and games?</li> <li>x How do I get better?</li> <li>x What daily physical activities do I participate in?</li> <li>x What are the health benefits of being physically active?</li> <li><del>How do I get better?</del></li> </ul>